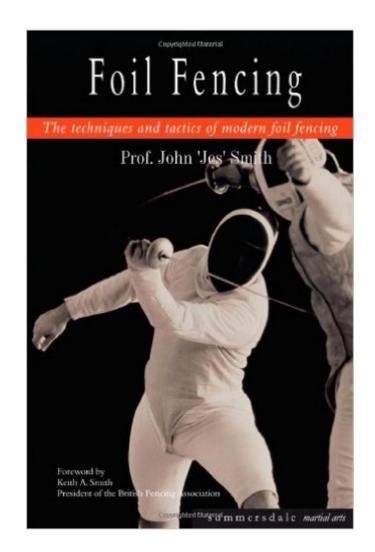
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Foil Fencing: The Techniques And Tactics Of Modern Foil Fencing





Synopsis

The definitive guide to this increasingly popular sport. In this comprehensive guide to the practice and techniques of fencing, John 'Jes' Smith, one of Britain's foremost fencing masters, provides an essential reference work for newcomers to this fascinating sport. Informative and practical, Foil Fencing covers both basic and more advanced techniques, and offers expert advice on how to get the most out of your fencing training.

Book Information

Paperback: 256 pages Publisher: Summersdale Publishers; 1st edition. edition (March 1, 2003) Language: English ISBN-10: 1840243317 ISBN-13: 978-1840243314 Product Dimensions: 6.1 x 9.1 x 0.5 inches Shipping Weight: 13.4 ounces Average Customer Review: 5.0 out of 5 stars Â See all reviews (1 customer review) Best Sellers Rank: #1,858,866 in Books (See Top 100 in Books) #194 in Books > Sports & Outdoors > Individual Sports > Fencing #4300 in Books > Sports & Outdoors > Individual Sports > Martial Arts #21120 in Books > Health, Fitness & Dieting > Exercise & Fitness

Customer Reviews

Hi, I've been foil fencing for about 3 years at a club level. The pictures in this book are clear, and the entire book is information rich, meaning you won't get a lot of extra words on the page unless it is dense with pure fencing instruction. Highly recommended, especially since most other books are not foil fencing specific.

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